**Women of Color Retreat Teaching Team Contact Information and Schedules**

Nakawe Cuebas Berrios

* Email: [nakawecuebas@gmail.com](mailto:nakawecuebas@gmail.com)
* Upcoming teaching schedule
  + IMS Online: [MLK weekend retreat](https://www.dharma.org/retreats/640); January 15 - 18, 2021
  + IMS Online: [Mini retreat](https://www.dharma.org/retreats/634); January 31, 2021
  + IMS Online: Retiro Casero en Español; February 25 - 28, 2021
  + Cambridge Insight Meditation Center: Latinx Meditation mini retreat; March 21, 2021
  + New York Insight: POC rotating teacher

Tuere Sala

* Websites
  + Seattle Insight: <https://seattleinsight.org/>
  + Capitol Hill Meditation Group: <https://caphillmeditationgroup.wordpress.com/>
* Upcoming teaching schedule
  + BCBS: [Cultivating Inner Strength: An Insight Dialogue Program For People of Color](https://bit.ly/2Hhk2Wp); January 24 - February 28, 2021

Lissa Edmond

* Website: [https://embodiedheartmind.com](https://embodiedheartmind.com/)
* Newsletter sign up: <https://embodiedheartmind.us4.list-manage.com/subscribe?u=55842b434298b0aa3055934ff&id=fa4bf04c60>