

Start Again, Finding Ground

Expanded Retreat Schedule

Friday, January 1

1 pm - 2 pm - Opening Session, Refuges & Precepts, Sitting - Winnie & Annie

Saturday, January 2

10 am - 11 am - Morning Session - Winnie

1:30 pm - 2:30 pm - Afternoon Interactive Session - Winnie

4 pm - 5 pm - Dharma Talk - Annie

Sunday, January 3

10 am - 11 am - Morning Session - Annie

1:30 pm - 2:30 pm - Afternoon Interactive Session - Annie

4 pm - 5 pm - Dharma Talk - Winnie

Monday, January 4

10 am - 11 am - Morning Session - Winnie

1:30 pm - 2:30 pm - Afternoon Interactive Session - Winnie

4 pm - 5 pm - Dharma Talk - Annie

Tuesday, January 5

10 am - 11 am - Morning Session - Annie

1:30 pm - 2:30 pm - Afternoon Interactive Session - Annie

4 pm - 5 pm - Dharma Talk - Winnie

Wednesday, January 6

10 am - 11 am - Morning Session - Winnie

1:30 pm - 2:30 pm - Afternoon Interactive Session - Winnie

4 pm - 5 pm - Dharma Talk - Annie

Thursday, January 7

10 am - 11 am - Closing Session - Winnie & Annie