

Refuges

Namô Tassa Bhagavatô Arahâtô Sammâ-Sambuddhassa (x3)

Homage to the Blessed, Noble and Perfectly Enlightened One.

Buddham Saranam Gacchâmi.

Dhammam Saranam Gacchâmi.

Sangham Saranam Gacchâmi.

Dutiyampi Buddham Saranam Gacchâmi.

Dutiyampi Dhammam Saranam Gacchâmi.

Dutiyampi Sangham Saranam Gacchâmi.

Tatīyampi Buddham Saranam Gacchâmi.

Tatīyampi Dhammam Saranam Gacchâmi.

Tatīyampi Sangham Saranam Gacchâmi.

I go to the Buddha, Dhamma, Sangha for refuge.

For the second time, I go to the Buddha, Dhamma, Sangha for refuge.

For the third time, I go to the Buddha, Dhamma, Sangha for refuge.