

## Manzanita Village Precepts

*With the intention to provide safety and peace in our time of practice together, the Five Householder Precepts are taken as worded by Manzanita Village:*

- 1) Aware of the violence in the world and of the power of non-violent resistance I stand in the presence of ancestors, the earth, and future generations and vow to cultivate the compassion that seeks to protect each living being.*
- 2) Aware of the poverty and greed in the world and of the intrinsic abundance of the earth, I stand in the presence of the ancestors, the earth, and future generations and vow to cultivate the simplicity, gratitude and generosity that have no limits.*
- 3) Aware of the abuse and lovelessness in the world and of the healing that is made possible when we open to love I stand in the presence of the ancestors, the earth, and future generations and vow to cultivate the respect for beauty and the erotic power of our bodies.*
- 4) Aware of the falsehood and deception in the world and of the power of living and speaking the truth I stand in the presence of the ancestors, the earth, and future generations and vow to cultivate the ability to listen; and clarity and integrity in all I communicate – by my word and actions.*
- 5) Aware of the contamination and desecration of the world and of my responsibility for life as it manifests through me I stand in the presence of the ancestors, the earth, and future generations and vow to cultivate care and right action to honor and respect the health and well-being for my body and mind and the planet.*