# JOB OPENINGS: PER DIEM KITCHEN STAFF

IMS offers meditation retreats rooted in the early Buddhist teachings of ethics, concentration and wisdom. A position at IMS offers an $18.50 starting wage, flexible schedule and a friendly and caring work environment.

We are seeking Per Diem Kitchen Staff to support our retreatants, teachers, and staff by maintaining a safe and nourishing silent retreat environment. Work with skilled professionals in excellent working conditions to turn fresh, quality ingredients into healthy, delicious meals. Per Diem Kitchen Staff enjoy flexible schedules that work around their needs.

**Primary Responsibilities**

- Prepares and serves homemade, high-quality vegetarian meals.
- Maintains a clean, orderly and efficient workplace.
- Washes pots, cleans floors, and performs other cleaning tasks.
- Performs support cook duties including food preparation, cleaning, organizing and special projects.
- Ensures work environment meets or surpasses hygiene and safety standards.
- Required to work varying shifts as scheduled, may include weekends and holidays, as well as evenings.
- Requires some heavy physical work, including standing for long periods of time, as well as lifting, carrying, pushing or pulling objects weighing up to 50 pounds.
- Supports and protects silent retreat environment; upholds ethical principles.

**Qualifications/Experience**

- High School degree or equivalent
- Professional food service experience preferred. Cooking experience helpful, but not necessary. Training provided.
- Must have schedule flexibility to work irregular shifts as needed
- A customer service background with a commitment to providing a high level of service

**Starting wage for Kitchen Staff is $18.50/hour.**
**This position offers flexible hours. Shifts available between 6:00am-6:00pm. Work hours worked will vary.**

Qualified applicants: Please send a résumé or letter of interest to IMSjobs@dharma.org.

*Consistent with the Americans with Disabilities Act (ADA) and Massachusetts law, it is the policy of IMS to provide reasonable accommodation when requested by a qualified applicant or employee with a disability, unless such accommodation would cause an undue hardship. The policy regarding requests for reasonable accommodation applies to all aspects of employment, including the application process. If reasonable accommodation is needed, please contact Human Resources at HR@dharma.org.*

*Insight Meditation Society is an equal opportunity employer that is committed to diversity and inclusion in the workplace. We prohibit discrimination and harassment of any kind based on race, color, sex, religion, sexual orientation, national origin, disability, genetic information, pregnancy, or any other protected characteristic as outlined by federal, state, or local laws.*