

INSIGHT MEDITATION SOCIETY

JOB OPENING: RETREAT CENTER HOUSEKEEPER

IMS is seeking a self-starter with a housekeeping background to become a member of its Facilities Department. At the Retreat Center, two housekeepers work in partnership to ensure that the environment is clean, neat and aesthetically pleasing.

These facilities are set among 242 secluded wooded acres in the quiet countryside of central Massachusetts. A position at IMS offers an abundance of dharma resources and support, within a friendly and caring environment.

Principal Responsibilities

- Perform cleaning duties, including vacuuming, bathroom cleaning, making beds, window washing, laundry, tracking inventory, organizing and restocking supplies.
- Organize and assign housekeeping tasks to retreatants and volunteers.
- Train and support retreatants and volunteers in performing housekeeping tasks.
- Care for houseplants; create and oversee flower arrangements.
- Assist Maintenance staff at both the Retreat Center and the Forest Refuge, including snow removal work.
- Provide support to Forest Refuge Housekeeper as needed.

Qualifications/Experience

- 1 or more years housekeeping experience, with knowledge of cleaning equipment, products and techniques.
- A good aesthetic sense with excellent attention to detail.
- A solid work ethic with strong organizational, time-management and problem-solving capabilities.
- Ability to work well independently and as part of team.
- Good verbal and written communication skills using the English language.
- A strong customer service background and orientation with a commitment to providing a high level of service.
- Computer literacy with working knowledge of Microsoft Word and Excel.
- Experience and dexterity with power and hand tools.
- Valid driver's license and clean driving record.
- Intention to support our retreat environment, with a commitment to uphold ethical principles in daily life.
- An established meditation practice or a sincere interest in meditation and practicing mindfulness in daily life.

Physical Demands

 Requires some heavy physical work, including snow removal as well as lifting, pushing, or pulling of objects weighing 50 pounds or more.



Position to start ASAP

This is a full-time, 40 hours/week position, paid hourly, offering health benefits, meal plan options and a generous amount of paid time off, as well as participation in the Staff Sangha Program.

On site housing available.

Qualified applicants please send Staff Application (available on website) to: HR Manager, IMS, at the address below or email h@dharma.org.

IMS is a spiritual refuge for all who seek freedom of mind and heart. We offer meditation retreats rooted in the Theravada Buddhist teachings of ethics, concentration and wisdom. These practices help develop awareness and compassion in ourselves, giving rise to greater peace and happiness in the world.

All IMS staff are requested to undertake the Five Precepts, guidelines for ethical living that help ensure communication and behavior reflective of the organization's values.

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