

## Change is Inevitable... and the *Insight Journal* is changing.

This is the last issue you will receive in the mail.

The full moon in May 2011 falls on the 17th of the month, and this date marks both the final printed edition of the *Insight Journal* and the first electronic issue of the new full moon *Insight Journal*.

- The two issues are very similar in content and presentation, emphasizing their continuity, but differ in their mode of production and delivery.
- While the *Insight Journal* has been printed and mailed twice a year (for the last 22 years!), the full moon *Insight Journal* will be published every month and will be sent as a e-mail to anyone who wants it—at the precise moment of the full moon over Barre.
- This will save trees, ink, fuel, postage, money, and lots of time and energy on publishing tasks that are becoming obsolete. It reflects our growing commitment to environmental responsibility.
- The new full moon *Insight Journal* will combine familiar features of the *Insight Journal* (such as teacher interviews, articles on dharma study and practice, Sangha pages, Pali poetry translations), with features of the existing monthly e-mail message (such as new book reviews, photos of the BCBS environs, sutta studies).
- The format of the on-line *Journal* will be more flexible than the print version, each edition varying somewhat in length and content.
- Each issue will also continue to be archived on our website and freely available to all.
- For those of you who still like the printed version, the twelve editions of the full moon *Insight Journal* will be gathered together each year in a printed edition, which will be available for purchase at the cost of production and delivery.
- Please go to the BCBS web site, [dharma.org/bcbs](http://dharma.org/bcbs), to subscribe (FREE!) to the full moon *Insight Journal*. Enter the e-mail address to which you want the *Journal* sent, if we do not already have it.
- **If you receive our emails each month now, it is not necessary to subscribe again.** And of course you can cancel at any time through the links at the bottom of the email.
- **We will not use this address for any other contact, nor share it with anyone else.**

Our commitment to the *Journal* remains as strong as ever. It remains the focus point for a community of people committed to exploring Buddhist thought and practice as a living tradition, faithful to its origins, yet adaptable to the current world. It is a way to share with a wider circle of friends and supporters the many resources of the Barre Center for Buddhist Studies when one is not able to come to Barre in person.

*May all beings be well.*

Go to [www.dharma.org/bcbs](http://www.dharma.org/bcbs): click on “Sign up for our Email Newsletter”